

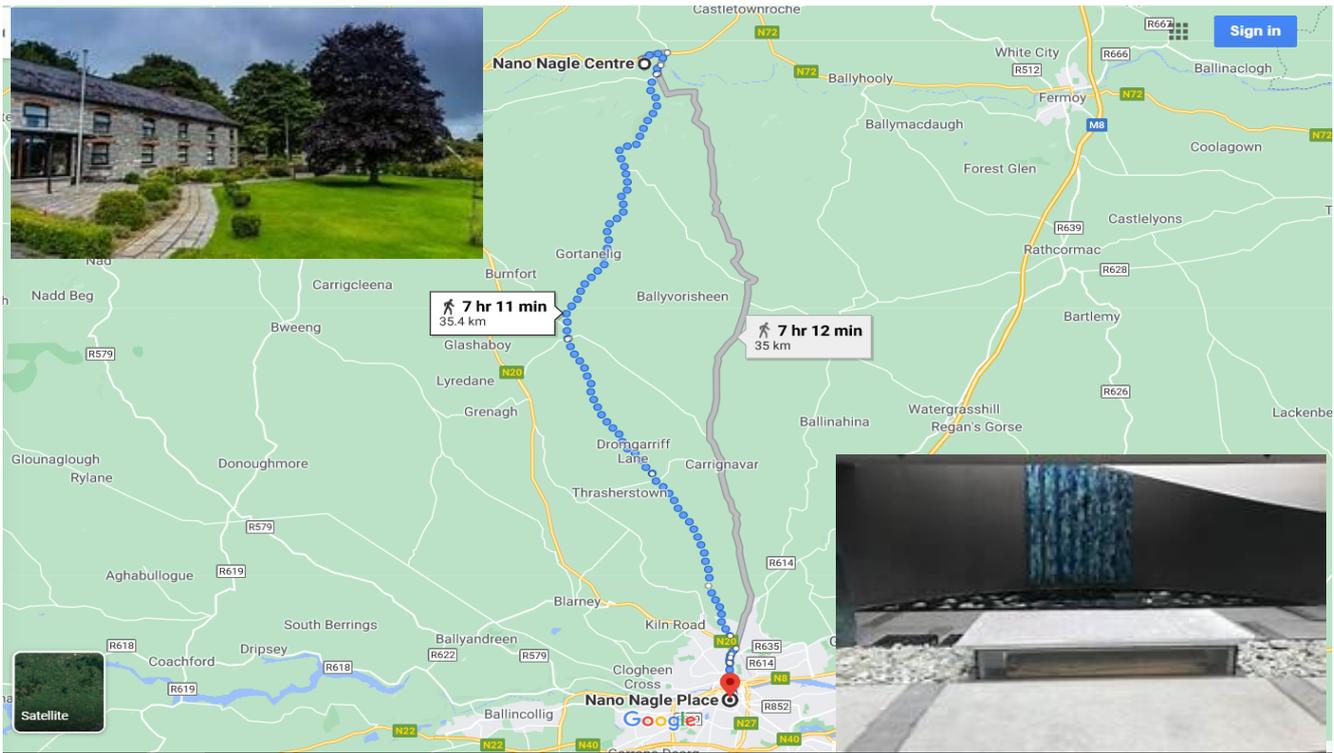


# Friends of Nano Nagle Virtual Walk

## Nano Nagle Centre Ballygriffin to Nano Nagle Place Cork

*'A Pilgrimage of Gratitude and Hope'*

April 19<sup>th</sup> to April 26<sup>th</sup> 2021



All comments and photos can be sent to Friends of Nano at 086 751 4364

### *Welcome to our Friends of Nano Virtual Walk*

Our journey is 35km long and we will undertake to walk 5km each day. **All Are Welcome**, walk at your own pace, in your own time or maybe not at all. We invite you to be with us for our Daily Reflections which will be posted on Friends of Nano Facebook.



Along the way we think of Nano Nagle, her life and work, her great Faith and Compassion for the Poor.

We also think of the great Challenges of our own time especially our lives during Covid19. We pray for each other, the sick and those caring for them. We ask for wisdom for those making decisions that affect us all.

## **A pilgrimage is a spiritual journey.**

We don't choose our destination; it is God drawing us into Himself.

Something inside us simply yearns to go. We feel invited, even summoned.

Actually, we don't have to "go" anywhere, for life itself is a pilgrimage. But going affords us the opportunity to leave behind that which hinders us from moving forward.

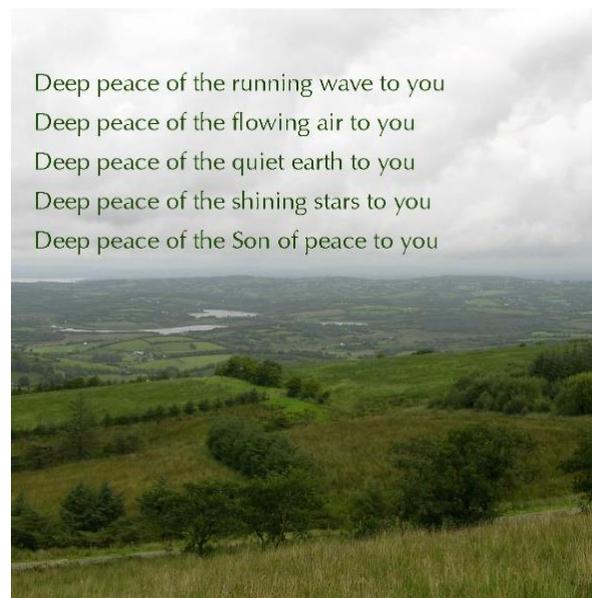


**“Pilgrimage is a symbol of life”, says Pope Francis. “It makes us think of life as walking, as a path.**

**Nano Nagle** is foundress of the **Presentation Congregation**; she was a pioneer and social activist, providing Catholic education (including education for girls) when it did not exist in Ireland, due to the penal laws. In 2000, she was named **‘Irish Woman of the Millennium’**, and in 2013 she was declared **Venerable** by Pope Francis. Nano's legacy speaks to people of all ages and all times. Along the way, we will reflect on a number of places important in Nano's life. Extract from 'Slí Nano' [nanonaglebirthplace.ie](http://nanonaglebirthplace.ie)

***Nano Nagle was an authentic woman, who lived the mysticism of service. ‘Her feet bore the sores of a pilgrim on a journey with cold shivering humanity and that is where she walked into Christ, and together step by struggling footstep they forged a new path into life’*** Extract from ‘The Story of Nano Nagle’ Anne Lyons PBVM

Deep peace of the running wave to you  
Deep peace of the flowing air to you  
Deep peace of the quiet earth to you  
Deep peace of the shining stars to you  
Deep peace of the Son of peace to you



## Itinerary

**19<sup>th</sup> April:** Reflection from Ballygriffin at 7pm  
Ballygriffin Website: [nanonaglebirthplace.ie](http://nanonaglebirthplace.ie)

**20<sup>th</sup> April:** **Day 1 We Start: Ballygriffin**

Nano grew up in Ballygriffin the member of a happy family where the seeds of her Faith, Compassion, Love of Life and Hospitality were nurtured.

Let us pray for own families and families throughout the world especially families who are finding life difficult.

**21<sup>st</sup> April:**

**Day 2 Kilavullen: Baptism**

Through the water of Baptism Nano was 'born into the family of our Loving God'  
Romans 8:16

Nano started her journey of Faith: And faith is the delivery of oneself to the Lord Jesus, "the light of the world" (Jn 9:5),

**Lord Strengthen our Faith.**



**22<sup>nd</sup> April**

**Day 3 Monanimy: Education**

Nano was educated in a hedge school near her home in the ruins of Monanimy Castle. She then continued her education in France.

Nano believed in the power of education. She had a dream and through hard work determination and prayer Nano

managed to educate the poor of Cork and give them the key to a better life.

**‘We must prefer the Schools to all else’ ..... Nano**



**23<sup>rd</sup> April**

**Day 4 Life Changing Events**

Nano’s life changed on the death of her father and she returned to Ireland from France. Her mother and sister Ann died shortly afterwards. Ann’s work with the poor in Dublin influenced Nano who always was moved by the plight of the poor but now felt moved to action.

Through life’s journey let us always place our trust in the Lord remembering we are influenced and we can influence others, let our mark on life be positive.

**God is all we need; His Divine Hand will support us..... Nano**



24<sup>th</sup> April



## Day 5 Back in Cork, Nano's Vision

Over the years Nano met many challenges in her work in Cork. Consumed by God's love and propelled by her desire to change the lives of the poor she overcame these challenges and founded the Presentation Sisters to continue her work.

Let us too be filled with God's strength to be fearless in facing the social, economic and environmental injustices of our times. We pray that our actions will make a difference in our World.

**Nano wrote 'You must think the Almighty permits everything for the best. You will see with His assistance everything promises well.'**

25<sup>th</sup> April

## Day 6 Nano and the Future

'Nano is not a figure confined to the past but someone whose vision is as relevant today as it was in her own time.' *'The Story of Nano Nagle' Sr. Anne Lyons PBVM*

As Friends of Nano, we strive to keep her Spirit alive through prayer, working and walking with the poor while striving to live a sustainable lifestyle that will protect all of Creation.

We continue to work together to keep Nano's Lantern Lighting.

**Not Words but Deeds.....Nano**



26<sup>th</sup> April

Day 7 Nano Nagle Place,

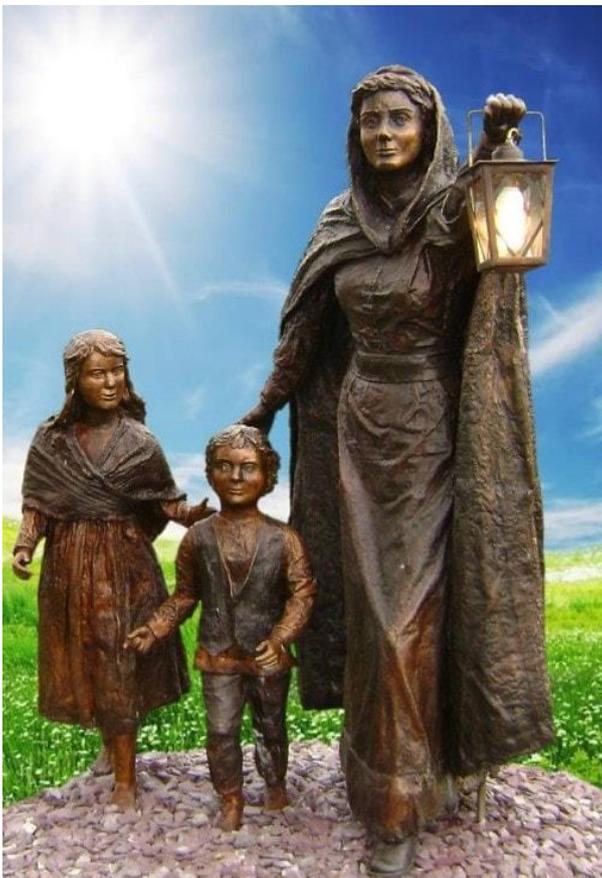
Nano died on the 26<sup>th</sup> April 1784



Today we meet at her grave to ponder the woman who through her life and work showed us the miracle of God's Love in action. She gave her heart to God through prayer and the Eucharist and with His constant guidance she changed the lives of the Poor of Cork, Ireland and the World.

We also remember all our deceased family and friends and especially those who have died during Covid19, may they find joy in your Kingdom. Lord be close to all who are grieving and fill their hearts with Hope.

**'Love one another as you have hitherto done' ..... Nano  
Prayer Service at Nano's Grave at 4p.m. Link available later**



### Nano Nagle Prayer

Lord God,  
You raise up people from age to age  
To speak anew Your Word to us  
And to show us your ways.  
Such is Nano Nagle.  
In days when courage is needed,  
You give us this woman of strength  
to walk before us with conviction.  
In days of great change,  
You present us with a prophet  
whose faith is firm  
As the light of her lantern brought hope  
into the lives made wretched  
by poverty and oppression,  
so may she inspire us  
to compassionate action  
for those in need around us.

Visit Nano Nagle Place Website: [nanonagleplace.ie](http://nanonagleplace.ie)